



## Inside this issue:

SAPS Emergency Contact Numbers	2
Provincial Coastal Management Programme	3
Security Precautionary Measures	3
Two Large Pots	5
Spotlight On Problems In Our Area	5
The Wind bloweth...	6
Fire and Emergency Support Services	8
Global Climate Change	9
Emergency Numbers	12
Hoekom Kort-Termyn Versekering?	15
From the BBRA Committee	16
Hangklip Community Care Centre	17
Aging	19
Advertising	20
Committee Members	24

## Regional Events / Streeksgebeure

**BotSoc AGM:** Saturday 17th August, 5.30p.m.(17h30), Crassula Hall, BB. After the AGM, Lucia Rodrigues will present a talk entitled 'The Verreux Eagle' (Black Eagle) At all talks there will be liquid refreshments and a voluntary collection will be taken. Please see the notice boards in all villages for any possible change of venue.

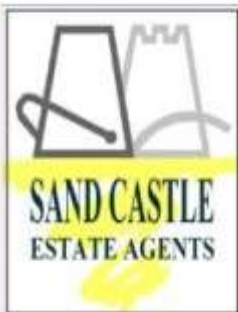
**BotSoc Talk:** Antarctica, a photographic journey on board Agulhas II. Kogelberg Branch's Fundraiser for 2013.

Andrew Schofield (a professional photographer DvD producer and conservationist), spent almost three months down south as the ornithologist, although his duties were not confined only to birds. The ship visited SANAI IV, the South Sandwich Islands and Georgia. **Saturday 31st August, 6p.m, Crassula Hall, B.B.**

Tickets: R70p.p. include a light supper with wine from Aya-ma Estate Tickets will be on sale from 1st August at Penguin Place, B.B., Pringle Books, P.B. Tourism office, Kleinmond.

The ticket price has not been increased, and there will be a donation box on the evening so give generously as all funds will go towards equipment for the BB Hack Group, whose volunteer members have for fifty years protected the area from invasive vegetation.

For further information contact Judy New 028 272 9006.



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P.O. Box 426, Betty's Bay, 7141

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Cell: 082 770 2783 / 083 500 5036

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Website: [www.sandcastle-estates.co.za](http://www.sandcastle-estates.co.za)

## Contact Us

Buzz  
P O Box 48  
Betty's Bay  
7141

[thebuzz@bettysbay.info](mailto:thebuzz@bettysbay.info)

Deadline for submissions:  
20th of each month

<http://www.bettysbay.info/>

*Please send us your comments, suggestions, events and news.*

## Subscribing to the BBRA

R55 per person per year, payable to:

**BBRA Current Account**

**ABSA Hermanus**

**Branch Code 632005**

**Account No 4066 6164 39**

NB! Reference must include your surname and Erf Number. *Please do not send cash.*

Contact: Adrian de Kock 028 272 9998

## Obtaining the BUZZ

The following options are available:

1. Get a copy at the Village Centre Café or Penguin Place, normally first week of each month.
2. Download a PDF version from our web page. Go to link 'The Buzz' at <http://www.bettysbay.info>
3. We also leave a number of copies at the Betty's Bay Library.

## Advertising and Crassula Hall payments

Payable to:

**BBRA Current Account**

**ABSA Hermanus**

**Branch Code 632005**

**Account No 4066 6164 39**

NB! Reference must include your business name. *Please do not send cash.*

Contact: Liz Fick 028 272 9800

**Disclaimer:** The views expressed by the Buzz contributors are the authors' own and do not necessarily represent the views of the Editor of the Buzz.

**Notice:** The Buzz is a private newsletter, administered, financed and published by the BBRA so as to communicate important issues with its members. The committee reserves the right not to publish letters or articles it may receive.

## SAPS Emergency Contact Numbers

**Charge Office**                    **028 271 8219**

**028 271 8200**

**Capt Marthinus**                **082 778 6793**

**Additional Cell Nos.**        **079 894 1624**

**079 894 1622**

**082 443 6069**

**082 522 1831**

## Provincial Coastal Management Programme

The Coastal Management Unit of the Western Cape Government has been holding a series of public workshops throughout the province to enable all I&AP an opportunity to provide input into the formulation of a Provincial Coastal Management Programme. Once a draft document has been completed it will be distributed for public comment.

As one can imagine, this is a very complex situation and clarification will be needed as to which authority will take control of the various areas of responsibility.

Mobile sand dunes, setback lines, boat launching sites, access to beaches, roles of responsibility, financial resources as well as other concerns related to improving sustainable coastal management and development are amongst the listed priorities to be addressed under this programme. In this regard a specialist consultant is to be sourced by the municipality to deal with the public participation process.

*Dan Fick*

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## Security Precautionary Measures

- \* Keep a list of emergency numbers prominently displayed at or near the telephone. An Emergency Contact list is published monthly in the Buzz;
- \* Never open a door to an unexpected visitor;
- \* Avoid walking alone, particularly in isolated places;
- \* Arrange with reliable neighbours for reciprocal surveillance when away from home for any length of time;
- \* Leave interior lights on when away somewhere at night. As our areas do not have street lights we need to take special precautions as criminal elements are easily able to remain concealed;
- \* Ensure that residences are easily approachable and free from concealed means such as shrubbery and trees;
- \* Consider the installation of movement sensor activated lights at front and back doors;
- \* A watch dog is a good early warning system especially if kept close to the owner or inside the house;
- \* Be familiar with your environment. Be constantly on the look-out for suspicious looking characters or vehicles and do not hesitate to report them to the SAPS and/or the NW;
- \* Ensure that Erf numbers are clearly and prominently displayed for emergency purposes;
- \* Ensure that all windows can be properly locked and are burglar proofed. This will also prevent invasion by baboons;
- \* Never sleep with windows open unless burglar proofing is fitted, even in upper storey rooms where a window is situated near a drainpipe;

- \* Ensure that external doors are fitted with adequate locks;
- \* Never leave door keys hanging in the door;
- \* Don't leave spare keys lying around in your house. Place them in a safe place;
- \* Firearm owners must ensure that their firearms are kept safe at all times. Firearms must always be under your direct control or locked away in a firearm safe;
- \* Never leave ladders, axes and spades outside. These are potential housebreaking tools and weapons;
- \* Ensure that an intruder detection system is connected directly to a security company providing a 24 hour service. Ensure that the system is always activated when away from home. Ensure that the system is periodically checked and maintained and upgraded where necessary;
- \* When out walking always make sure that your cellphone is concealed. Never leave cellphones lying on a seat in the car;
- \* Be alert at all times to any strangers, perhaps disguised as workmen or vendors, who may be loitering in the neighbourhood. Also be aware of job seekers;
- \* Look out for suspicious vehicles that cruise the area at intervals and who may be keeping houses under observation. People and/or vehicles giving rise to suspicion should be reported to the SAPS, along with the fullest possible personal and vehicle descriptions;
- \* Ensure that front and back doors are not left open or unlocked;
- \* Keep garage doors closed and locked;
- \* Ensure that valuable items are not left on seats in cars parked at unprotected and isolated areas. Rather keep them locked away in the boot;
- \* Never leave car keys in the ignition when away from the car;
- \* Keep a list of the make, model and serial numbers of electrical appliances and other valuable equipment should it be required for investigation purposes.

We also need to prevail upon visitors to act responsibly when making braai fires. They should:

- \* NEVER light an outdoor fire when the weather is hot and dry and/or windy;
- \* ALWAYS have a garden hose connected and readily available to use when holding a braai;
- \* NEVER leave the fire unattended;
- \* Extinguish the braai fire COMPLETELY after use;
- \* DO NOT discard coals in the bushes.

Whilst we encourage visitors to enjoy the festive season **it is illegal to set off FIREWORKS in this region.**

*Dan Fick*

## Two Large Pots

SO VERY TRUE – SOMETHING WE SHOULD ALL TAKE NOTE OF!!

An elderly woman had two large pots, each hung on the ends of a pole which she carried across her neck.

One of the pots had a crack in it while the other pot was perfect and always delivered a full portion of water.

At the end of the long walks from the stream to the house, the cracked pot arrived only half full.

For a full two years this went on daily, with the woman bringing home only one and a half pots of water.

Of course, the perfect pot was proud of its accomplishments.

But the poor cracked pot was ashamed of its own imperfection, and miserable that it could only do half of what it had been made to do

After two years of what it perceived to be bitter failure, it spoke to the woman one day by the stream.

'I am ashamed of myself, because this crack in my side causes water to leak out all the way back to your house.'

The old woman smiled, 'Did you notice that there are flowers on your side of the path, but not on the other pot's side?'

'That's because I have always known about your flaw, so I planted flower seeds on your side of the path, and every day while we walk back, you water them.'

For two years I have been able to pick these beautiful flowers to decorate the table.

Without you being just the way you are, there would not be this beauty to grace the house.'

Each of us has our own unique flaw. But it's the cracks and flaws we each have that make our lives together so very interesting and rewarding.

You've just got to take each person for what they are and look for the good in them.

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## Spotlight On Problems In Our Area

The clamour and complaints about roads in particular, but also other challenges and problems in our village that are calling for attention from the municipality, are not falling on deaf ears – contrary to popular belief.

The most recent action of note to be reported on, is the inspection by a high-profile delegation that was conducted on Tuesday 16 July after requests and urgent submissions from my side. All complaints that are addressed to BBRA chairperson Dan Fick, myself, Area Manager Cecile Jonkheid or the Operations Department (mostly represented locally by Mr Chris Harding), are taken note of and channelled to the relevant authorities.

After an extensive briefing on the nature of especially the problems relating to roads and stormwater in our area, Overstrand's Community Services director Roderick Williams, accompanied by his deputy, Mike Bartman who is well acquainted with the area, put an entire morning aside for this purpose. Together with the Area Manager, Operations Manager Denovan van Rhodie, Mr Harding and myself, the Community Services officials left no stone unturned in doing an honest and open-minded evaluation.

Following a scrutinizing tour of all problematic routes and roads, during which lacking stormwater systems were also pointed out and noted, a meeting was held at the Kleinmond offices of the municipality to determine a way forward. (A stormwater master plan that has been in existence for years is now being revisited and consulted in earnest.)

Some of the key roads that were experienced first-hand were Serruria, Lakeside, Oxalis, Wheeler, Disa, Diastella, Myrica, Waterfall, Marine, Dolphin, High Level, Seaview and Oyster. All puddles (some are really large!), potholes, cavities and erosions were observed.

Mr Williams conceded that although the budgeted operational funding would not immediately make a dent in solving the extensively problematic and grave situation, a concerted effort should be made by the municipality to tackle it by means of a prioritisation process. It would seem that addressing the stormwater needs, albeit in stages, would make a considerable contribution towards preventing many of the road-flooding and pothole situations that recur (and intensify) after every storm.

Key officials from the local Operations department Denovan van Rhodie and Chris Harding are in the process of identifying the most crucial aspects that need urgent attention. In collaboration with Community Services at head office in Hermanus a submission will be made on 3 August at the monthly meeting of the Executive Management Team (EMT), consisting of the mayor, full-time councillors (portfolio managers), the Municipal Manager and all directors.

In Mr Williams' own words – there are short, medium and long term needs. Efforts will be made to address them in an appropriate and sustainable manner.

*Lisel Krige – Ward Councillor*

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## **The Wind bloweth...**

My husband recently made me venture out of the warmth of our home to welcome the new addition to the family... the Little Prince. No, not another grandchild, not another dog, but an addition to our existing collection of Protea plants, to which he pointed with pride – a

smaller selection of *Cynaroides*, the King. The urgency of my approval of his planting was evident in the amount of mud still on his hands, enhanced by the surprise element; I had been unaware of the purchase, and was delighted. Despite the strong north-westerly wind, the little fellow is still standing proudly, the two small buds full of potential for artist, photographer, and keen flower-arranging friends in particular.

Aren't we all so well aware of the effect royalty has upon our lives? ...In Britain, every individual is a Subject of these esteemed chosen ones, and helps line the streets when one or more of them drives past in their shiny vehicle, particularly the reigning hat-and-gloves long-to-reign-over-us God-save-the Queen. The paparazzi have been camping outside a certain medical facility awaiting the birth of their little Prince for a while, while the young lady who is to produce the baby, (which could turn out to be a little Princess, perhaps?) happily does her royal chores elsewhere. Every newspaper vies for the first breaking news, the first photograph, and every journalist for the Best Story of the Year award.

We are equally aware of the local paparazzi, accompanied by a fair number of their overseas counterparts, camping outside a medical facility in Johannesburg, awaiting the news of the demise of a South African gentleman whose greatness lies not in the status of his parents or the best institutions he attended for his education, but in whom beats a great heart of love and forgiveness. Yesterday, his 95th birthday, was celebrated by people all over the world, many of whom put their lives on hold to do a few hours' service to their fellow man, in his honour. The focus on these events brings life into clear perspective: the only two events over which we have no control.

It was the desire of my little heart to have a sibling for my Little Prince bought last year, but the princely sum we would have to lay out for its purchase surpassed the gardening budget that particular month, so we bought a new, cheaper, pincushion instead. It is also sobering to know that the longevity or otherwise of that little plant lies, largely, not in the amount of attention we give it, but in elements beyond our control, commonly known as Nature. "The wind bloweth where it listeth," says John 3:8, or "The wind blows wherever it pleases" in our more modern translations, and does what it claims, in both versions, to our fynbos. We welcome the rain in winter if we haven't built our homes in soggy wetlands, and bemoan the fact that two hot dry months turn healthy thriving plants to shrivelled papery has-beens in summer. Likewise, we have seen some of our friends' lives change overnight from busy and carefree to uncertain and extremely difficult, mostly emotionally, by the sudden change in their life partner's health, or unexpected death.

One of my closest friends, known to some of you, has had to undergo two hip replacements in the short period of six months. Within the same period, her husband suffered a stroke, leaving her to care for someone who sometimes fails to recognize her, and wanders in and out of time zones and life experiences, while she is physically battling to cope. Very few of us could even imagine such an existence, let alone live it 24/7, and seeing it happen evokes the eternal question: "Why?" Known for her sense of humour and positive attitude towards life in general, her battle with this situation seems inexplicable; certainly her constant prayer is "Lord, give me a break!"

The prayers of the world out there, and most South Africans here at home, are being of-

ferred for Nelson Mandela's recovery. People interviewed by TV journalists often say that "we still need him." Perhaps the time has come to let the wonderful old man go, and pick up the torch ourselves. He has been South Africa's version of royalty for a very good reason, and has impacted the world beyond his own country more than any other official and legal monarchy ...save Jesus, the Prince of Peace. His is still the one mode of Royal transport, (a donkey), to bring a King into close contact with His people, whose lives are an everyday struggle. Thus He entered a city hell-bent on destroying Him. Human nature, being what it is, will, in time, forget the words and example of great human beings, and their urgings to forgiveness and reconciliation will be replaced by demands for more land, more money, more status, more power, more me, me, me... but like my Little Prince, the seeds of love planted by the King of kings in the hearts of men and women will grow, blossom, and reach out, to help care for those like my friends and yours, whose every waking moment is unpredictable and downright scary. He simply urged us to "Love one another," and trusted the rest to grow from it.

*Beverley Green*

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## **Fire and Emergency Support Services**

### Sunny Seas Fire Management Proposal

Concerned residents in the Sunny Seas area approached the municipality regarding a control burn in their area for the following reasons:

- Ecological reasons (fynbos needs to burn every 12 to 15 years to allow for regeneration before species get lost).
- The area last burnt 21 years ago. The burn on 8 June 2010 was stopped before it could burn the area and as a result the area is very dry and has the potential to turn into a disaster should a fire start in the area.
- If this area is not attended to then the area burnt in 2010 could be totally destroyed should another fire start in the area and this could be a catastrophe for Betty's Bay Fynbos.
- This area has limited fire hydrants and the residents are concerned that you will not be able to do infrastructure protection in the area should a fire start here.

A meeting was held on 5 June 2013 with the residents and various stakeholders (CapeNature, Overstrand Nature Conservation, Ratepayers Association, Overstrand Fire Services and Betty's Bay / Pringle Bay and Rooiels Volunteer Fire Fighters) to discuss this matter and subsequently a subcommittee was established to continue with the planning of the control burn. The subcommittee met on 9 July 2013 and the following was proposed:

- To promote a safe environment by the maintenance of fire protection infrastructure such as roads and fire management belts;



- To reduce the risk of loss of life and property by means of sustainable vegetation management practices;
- To enhance the ecological health and integrity of the natural environment by means of sustainable ecological management programmes in key ecosystems.
- Ensure consensus is reached with all stakeholders concerning the intent to burn natural vegetation on private and municipal land by means of a public participation process;
- Combine corporate resources and support structures to ensure effective fire management preparation and the implementation of the fire management plan;
- Ensure that infrastructure and property is afforded adequate protection;
- Arrange pre-burning meeting with stakeholders in preparation for event.

Fire-fighting costs alone could run into millions of rands. The Overstrand Municipality Fire Department consists mainly of volunteer fire-fighters. So you can see that it is vital that the Municipality, property owners and voluntary fire-fighters work together to reduce the fire risk. A public meeting is planned for the end of August 2013 and any queries / concerns will be addressed at this meeting. It would be greatly appreciated if you could support this initiative and help us in promoting a safe environment by reducing the fire risk in the area that we live in.

Report a fire immediately to the Overstrand Emergency Call Centre (028 312 2400) or myself on (082-442 8005 / 076-643 9767)

“Fire prevention is a far better option than fire fighting!”

*Wendy Tawse*

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## Global Climate Change - an update

The measured increase of temperature in the atmosphere/ocean system is accepted by virtually all scientists as arising from warming by excess man-made carbon dioxide, and this conclusion is robustly supported by volumes of published data in peer-reviewed international scientific journals. The effect has been known quantitatively by scientists for over a century and has added huge amounts of energy to the system, about 90% of which is stored in the global ocean. Hence the apt comment by climate scientist Prof. Bruce Hewitson, UCT, May 2013 .. “temperatures in the atmosphere ..(are)..a weak indicator of this energy”. In truth, the upper 3.5 m ocean contains as much heat as the entire atmosphere and there is lots more ocean beneath that. Were our ocean taken into space and frozen the ball of ice would be 1/3 size of the Moon.

Arguments against the on-going effects of Global Climate Change from “sceptical” sources often focus on, usually terrestrial, air temperature data and never, in my experience so far,

even mention the ocean-thus completely disregarding 90% of the heat balance! Misinformation is unhelpful when debating complex issues.

The oceans have absorbed (dissolved) almost half the CO<sub>2</sub> emitted by human activities- otherwise the atmospheric content of this gas would be double what we measure today and even more warming would have resulted. The downside is that the ocean's upper layers are now about 33% more acid (as hydrogen ions H<sup>+</sup>; CO<sub>2</sub> forms carbonic acid in water) than before 1750. The effects of this are not yet firmly established, although preliminary data suggest this harms some marine organisms as might be expected from theory, but it seems to be beneficial to others, and neutral (so far) to the rest. Puzzling, but that's what makes science a challenge.

We recall from basic Physics that there is a well-established and close association between "heat" and "energy". An analogy is putting your foot on your car's accelerator. By doing this you add extra fuel which then burns releasing heat and the increased energy pushes your car faster. Likewise, when you put your foot hard on the brakes, they get quite hot as the car's kinetic energy of motion is converted to heat by friction. Heating the atmosphere/ocean system, as we have done, has added much energy and this again has speeded up all naturally occurring processes, droughts and floods, heat waves and cold snaps, calms and gales alike so these so-called "extreme events" will now become more common than when they always occurred in the past.

The quaintly named "atmospheric heat engine" generates all our weather. The 'heat' for the 'engine' all comes from solar heating, mostly at the equator where huge convection currents lift moist air in massive thunderstorm supercells, and when chilled water vapour within these condenses to droplets their very large burden of latent heat is released driving yet more uplift. Complex winds are set up moving horizontally as well as vertically but are twisted from their originally straight paths by the Earth's rotation, and by turbulent fluid flow, forming the many complex known weather systems (see picture). In very simple terms huge ocean currents, along with winds, transport heat from equatorial regions to chilly Polar localities and cooled seawater and cold air returns, closing the cycle.

Winds efficiently evaporate moisture from solar warmed water and a single degree temperature rise allows 7% more water to evaporate per cubic metre of air adding all that extra latent heat as well as moisture to the air. Water vapour is itself a major greenhouse gas, absorbing heat energy (infra-red radiation) emitted from Earth's surface and re-emitting a portion back downwards thus warming the atmosphere/ocean system by about 30°C over and above what a dry earth's average temperature would otherwise be-this was calculated by French mathematician Joseph Fourier in 1824 to be a frigid -18°C! However, molecule for molecule, CO<sub>2</sub> is far, far more effective at absorbing and re-radiating infra-red than is water.

Oceans cover 70.8% earth's surface so huge tonnages (436 500 km<sup>3</sup> per annum) water evaporate through solar heating; 97% all water on Earth is in the sea compared with only 0.0000 53% in the atmosphere.

Interestingly, the major (80-90%) process returning water vapour back to the terrestrial atmosphere on land seems to be plant transpiration (Jasechko et al., Nature 496, 347 2013). According to this reference, about 62 000 ( $\pm$  8 000) km<sup>3</sup> per year are passed to the air via plants using about half the sun's heat energy input to power this. So far, climate modellers have assumed that evaporation from the surface was the prime source with transpiration secondary hence if the results above are confirmed by other scientists a re-think is called for using improved biological data on plant physiology. Transpiration efficiently lowers soil moisture content (see below).

Climate science, like oceanography, is never as simple as we would like it to be while Nature is far too subtle for common-sense opinions to prevail!

The anticipated (yet to be shown to high significance by longer term statistical analysis of global trends) increase in extreme events will unfortunately have a positive feed-back on the effects of Global Climate Change (Scheirmeir, Q., Nature, 2013). Findings from 27 scientific groups in 12 nations sponsored by the EU showed that extreme events decreased plant photosynthesis by 4% in Southern Europe and by 1% in Northern Europe. Knowing that uptake of CO<sub>2</sub> by plants is a major sink of this gas, the anticipated increase in extreme events will allow yet more of this greenhouse gas to accumulate in the atmosphere accelerating atmospheric energy build-up still further.

And for South Africa? Ocean levels continue to rise at about 3 mm per year, translating to 3 cm a year ingress into formerly dry, flat land, threatening low lying or fragile estuarine banks or sea-shores particularly when energetic storm waves, often originating in the wild "Roaring Forties", crash in on top of a High Spring Tide. The "Roaring Forties" have been shown to have moved south and the already strong westerlies there have strengthened further, driving significant alterations in deep ocean currents as well as setting up ever bigger swells that speed away northwards. Together with the measured increase in area of both the Subtropical High Pressure (South Atlantic and South Indian) systems, this poleward movement has shifted the general paths of our life-giving, rain-laden, "Cold Fronts" southwards away from the South West Cape; on the other hand, the fronts that do pass over us will be more energetic. From the alteration in pressure gradients, both the frequency and strength of "South-easters" will increase in Summer, drying out the land more, enhancing the effects of wildfires (veld fires), and moving more sand through sand dune fields. The South African interior will continue to warm steadily but not necessarily smoothly, and the most serious, yet subtle, effect of this is to lower the soil moisture content so critical for both wild- and crop-plant growth. Rainfall alone is not a good estimator of soil moisture. Desertification might increase in our already arid north west regions from descending dry air in the Subtropical Highs. Plant growth and insect life patterns (e.g., affecting pollination, and perhaps even insect vectors of disease) change with even a small increase in temperature. The increasing, and ever warming, flow of the Agulhas Current off KwaZulu Natal as shown by satellite data over more than a decade (Rouault et al., 2009) will most likely feed more warm, moisture- and latent heat-laden air over our eastern regions, which could well lead to enhanced thunderstorm activity (more powerful and more frequent storms during summer, often accompanied by heavy hail and small, short-lived,

# Emergency Contact Numbers

Overstrand Emergency	24 Hours	028 313 8111
Fire Department	Control Room	028 312 2400
	Marlu Rust	082 776 9287
	Wendy Tawse	082 442 8005
	Fires in Reserves	082 783 8585
Police	Emergencies	10111
	Charge Office	028 271 8219
	Capt. Marthinus	082 778 6793
	Sector Policing Officer	082 522 1831
Security Providers	Safe Security	028 272 9110
	Response	082 410 7845
	ASK Security (Office)	028 272 9500
	24 Hour Emergency	082 951 1892
		071 135 9029
	Sandown Bay Security	028 271 5633
		028 271 3306
		028 272 9575
Ambulances	Provincial	10177
	ER24	084 124
Doctors	Dr Du Plessis	028 271 4227
	Dr Van Niekerk	028 271 4227
	Dr Morkel	028 271 4227
	After Hours	082 653 6355
	Dr Greeff	028 272 9999
	After Hours	082 659 9437
	Dr Moses	028 271 3152
	After Hours	078 417 5628
Dentists	Dr Duvenhage	028 271 3467
	After Hours	082 861 0616
	Dr Engelbrecht	028 271 3662
	Dr Visser	028 271 5321

Hospitals	Hermanus Provincial	028 312 1166
	Hermanus Medi-Clinic	028 313 0168
	Vergelegen Medi-Clinic	021 850 9000
Child Welfare	Kleinmond	028 271 4044
Veterinarian	Dr Dave	028 271 4183
	After Hours	083 440 5191
KAWS	Animal Welfare	028 271 5004
Pharmacies	Albertyn Pharmacy	028 271 4666
	After Hours	082 927 5240
	After Hours	082 868 4267
	Kleinmond Pharmacy	028 271 3320
	After Hours	082 652 4309
Optometrists	Obermeyer	028 271 3119
	Optical Eyes	028 271 5684
Municipality	Betty's Bay	028 272 9263
	Kleinmond	028 271 8400
	Fire & Water	028 313 8111
	Law Enforcement	028 313 8111
	Traffic	028 313 8111
	Sewerage Removal	028 271 8435
	Hermanus	028 313 8000
Seawatch	Betty's Bay	028 272 9532
	Mike Tannett	082 994 9300
NSRI	Gordons Bay	021 856 1992
	Hermanus	028 312 3180
Electricity (Eskom)	Electricity	021 859 5304
	Emergencies	08600 37 566
General	Councillor Lisel Krige	028 272 9533
	Betty's Bay Post Office	028 272 9363
	Centre Shop	028 272 9230
	Penguin Place	028 272 9257
	Tourism Bureau	028 271 5657
	Fynbos Service Centre	082 719 6200
	Fire Extinguisher Service	083 741 9914

but destructive, tornadoes), while thunderstorm activity over the South Western Cape may likewise increase.

The heat transport by giant ocean currents is almost too large to grasp. The Agulhas Current transports about 1 Petawatt (10<sup>15</sup> watt) heat past Durban; for comparison (when everything is on stream!) Eskom generates a mere 0.00 00 44 Petawatt! The current moves about 72 million tonnes of water every second down our east coast; for comparison, the combined flow of all global rivers is about 1 million tonnes per second. Mixing of warm Agulhas water with cooler Atlantic water sends huge amounts of energy into the atmosphere south-west of us and helps generate our most intense weather systems, even occasional explosive cyclogenesis (where cyclonic weather systems unexpectedly and dramatically increase in intensity) documented by our Weather Service (Ian Hunter, pers. comm.)

It is of no use raging on against these changes-they are there, caused by us, and will not go away through politically, or big-business, orientated denialism. Nor will anything we can do now, say, by well-meaning persons cutting back on their personal, but miniscule, amounts of emissions when compared to the big, 'business-as-usual', emitters like China, USA and India, change them for centuries.

Carbon taxes are a far from transparent, rather cynical in my view, effort by Governments to top up their revenue and no government, despite what is said or "promised", has the slightest intention of cutting back CO<sub>2</sub> emissions by more than at most a meagre few percentage points. Indeed, their economies would suffer greatly were petroleum (crude oil) consumption reduced significantly because of the vast number of non-fuel refinery products modern societies have become utterly dependent on. These vital products include all plastics (PVC for building materials, polymer car and plane parts, styrofoam insulation); epoxy resins; paints (PVA) and industrial solvents, many used in computer part manufacture; nylon, polyester, acrylic, even Lycra clothing materials; dyestuffs and printing inks; virtually all industrial and domestic detergents; fertiliser (most of the Green Revolution's success is based on nitrogenous fertilisers manufactured from hydrogen gas, given off during oil refining, using the Haber/Bosch process); feedstocks for the multitude of pharmaceuticals we need to keep healthy, for pesticides and for chemical industry; LPG and methane ('natural') gas for heating; neoprene rubber for tires and industrial belting, also wetsuits; and even the tar we put on our roads-the list is very long. We have not even mentioned aeroplane, helicopter and gas turbine fuel (kerosene), petrol and diesel each consumed by the thousand's tonnes daily by the public, through commercial use, and by the armed forces of the world.

"Alternative energy sources" are today, despite all the occasionally extravagant claims to the contrary, quite simply unable to supply more than perhaps 20% at best of our requirements, then only provide electricity, and with the exception of hydro-power, this comes in fits and starts. Where is the missing 80+% to come from? If these sources performed well we would not need to call them "alternative!"

All is by no means lost though since we humans are an adaptable lot but only if we put our minds to it. Sea and flash flood defences can be constructed, crop changes adopted by thoughtful agricultural practice backed by government, much more effort put into harness-

ing and storing abundant, cheap, politically-untainted, solar power, while redoubling our efforts on water saving, especially on irrigation, and recycling more waste waters will all greatly alleviate the impact of Global Climate Change on us all.

In my personal opinion, unchecked, unsustainable human population growth poses a far greater threat to us all than does Global Climate Change.

*Prof Michael Orrer*

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## Hoekom Korttermyn-Versekering?

Ons lees nou gereeld in ons plaaslike nuusblaai van diefstalle by wonings, motors en bakkies wat gesteel word, asook inbrake by besigheidspersone in die Hangklip/Kleinmond area. Inwoners vra nou al meer die vraag, "Wat kan gedoen word om die eiendom te beskerm wat ons oor die jare ten duurste bekom het?" Die antwoord is - Versekering.

Die hoofrede hoekom ons verseker is vir gemoedsrus. Versekering is 'n wyse van vergoeding, sou enigiets gebeur met die voorwerp of item wat ons verseker.

Die rede waarom mense dit nodig vind om te verseker, is omrede verlies of skade 'n ramp vir die versekerde kan voorspel. Wat oor die verloop van baie jare bymekaar gemaak en tot stand gebring is, kan eensklaps deur 'n veldbrand of storm in puin gelê word.

In leke taal kan Versekering as volg gedefinieer word: dit is 'n polis wat 'n persoon by 'n korttermyn Versekeraar uitneem vir gemoedsrus en om jou eiendom te beskerm teen inbrake, weerlig, hael, brand, vloed, storms en ander gevare. Vergoeding sal deur die Versekeraar betaal word indien enigiets sou gebeur met die voorwerp wat verseker is.

'n Verdere vraag wat nou gevra kan word is, "Hoe gaan ek as eiendomsbesitter te werk om spesifieke eiendom van my te verseker?" Daar is twee maniere; kontak 'n Versekeraar direk of tree in verbinding met 'n Versekeringsmakelaar of Agent.

Daar is vier besliste voordele vir 'n kliënt om deur 'n makelaar of agent te werk:

1. Dit kos die kliënt niks om van 'n agent se kundige dienste gebruik te maak nie.
2. Die makelaar of agent beskik gewoonlik oor 'n wye versekeringskennis en is dikwels 'n spesialis op sy/haar gebied. Die rede hiervoor is dat dit almeer in die versekeringsbedryf verlang word dat die makelaar die Suid-Afrikaanse Versekeringsinstituut se professionele eksamens moet slaag voordat hy/sy as 'n makelaar mag optree.
3. Die makelaar het gewoonlik ook toegang tot meer as een Versekeraar en kan dus die beste en goedkoopste tariewe, sowel as die wydste en veiligste dekking vir sy kliënt beding.
4. Die makelaar is daar om sy kliënt by te staan indien enige eise mag ontstaan. Hy sal ook toesien dat sy kliënt ten alle tye 'n spoedige, billike en regverdige eise-aanpak van die Versekeraar sal ontvang.

As 'n kliënt direk met 'n Versekeraar besigheid doen, sal hy nooit weet of hy die beste en goedkoopste dekking in die mark bekom het nie. Elke Versekeraar sal immers sy produk

as die "beste" aan die kliënt probeer verkoop.

Dit is dus duidelik dat die versekeringspremie wat ons betaal heelwat meer as net vergoeding bied in geval van skade. Dit help ons ook om snags rustig te kan slaap i.p.v. rond te rol en ons te bekommer oor wat dalk met ons besittings mag gebeur waarvoor ons so hard gewerk het.

*Wally Marais*

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## **From the BBRA Committee**

### **BBRA Membership**

As you are aware it is not our practice to send out invoices in respect of the annual membership fee. This is to save unnecessary costs.

We rather remind members by E-mail of outstanding amounts due and by letter or phone when we do not have their E-mail addresses. To this end it would be appreciated if you could advise us of any change in your contact details.

The new year of your Association begins on 1 November 2013 and the fees have been increased from R55-00 to R60-00 per member for the upcoming year. Under the present constitution you have until 30 April annually to make your payment but we intend to amend the constitution at the next AGM to bring this date forward to 31 January in future.

Perhaps you are not aware but your Association has the largest membership of any rate-payers association in the Overstrand Municipality. The current membership stands at 366 which is a decrease from the previous figure of 397 due to us having to remove members from the list who have not paid their annual fee. Come on let us increase this number which gives us more clout in dealing with the various authorities.

### **Crassula Hall**

The BBRA leases the hall from Overstrand Municipality together with the adjacent parking area at a nominal rental.

You will have noticed that the parking area has been enlarged and is in the process of being covered with gravel and stone chips. This was at your Committee's request.

Additionally we have obtained budget from Overstrand to waterproof and paint the external of the hall and this should be undertaken in the near future.

The BBRA remains responsible for the interior maintenance and decoration.

### **Baboons**

On 19 June 2013 we held a meeting with the Overstrand Municipalities Area Manager and Operations Manager to discuss certain outstanding issues and to clarify some of our concerns.

The Municipality has undertaken to address our concerns and revert to us with replies.

In the interim they have agreed to erect signage at the entrances to Bettys Bay warning about the dangers of feeding baboons either inadvertently or on purpose.

A number of residents have received letters warning them about the Municipal requirements in respect of refuse removal which is important in helping to address the problem of



baboon infestation. The next step of course will be the issuing of fines to those who do not comply. If you either rent or lend your property please ensure that you make occupiers aware of refuse disposal requirements.

### **Law Enforcement**

Alterations have been made to the Municipal offices in Bettys Bay to accommodate a permanent contingent of Municipal law Enforcement Officers who are tasked with upholding the various Municipal by laws. These officers should begin operations in the near future.

### **Crime Prevention**

It is encouraging to note the decrease of crime in our village. Some of this success is due to those members of our community who through their civic mindedness have joined the Neighborhood Watch and either undertake patrols in our area or are the “eyes and ears” of our community. We thank those who are prepared to become involved and so assist SAPS in reducing crime in our area.

Should you wish to join the Neighborhood Watch please contact us in this regard.

### **Roads & Storm Water**

We are all aware of the shocking state of some of our roads which are becoming less and less passable with the winter rains. It is the Municipalities position that they will not undertake maintenance on our roads during the winter unless a particular road deteriorates to such an extent that urgent action is required.

### **Building Plans & Requests for Deviations**

Your Committee regularly attends to requests by property owners for approval of deviations to building regulations and rezoning requests.

We respond to such requests in the interests of the community of our village with particular care in not creating precedents to the detriment of other property owners.

*Adrian de Kock*

---

## **Hangklip Community Care Centre – Hangklip CCC**

*Formerly Hangklip Fynbos*

### **Medical Services Available**

Many residents of the Hangklip area are not aware of the services available at the premises of The Chapel in Lakeside Drive, Bettys Bay.

In this regard we would like to make you aware of what is available in our community.

Broadly speaking we offer the following:

- 1) A monthly “Chronic Medication Clinic”.
- 2) Hiring of Medical Equipment.
- 3) A referral system to Nursing Sisters and Care Givers.

The details are as follows:

### **Chronic Medication Clinic**

A clinic is conducted every four weeks on a Thursday from 08H00 to 11H00 at The Chapel where chronic medication from the clinic in Kleinmond is dispensed.

Additionally certain minor procedures are undertaken such as blood pressure readings for those who require it.

These minor procedures will also be available on the days and time stated to those who are not receiving chronic medication. In that case a donation will be requested to defray costs.

Enquiries can be directed to Patricia at 082 378 1641

### **Hiring of Medical Equipment**

Hangklip CCC has an extensive supply of medical equipment such as hospital beds, wheelchairs, walkers etc. which are available for hire to residents at very reasonable rates. Those requiring equipment are responsible for collection and return.

Enquiries as to availability and costs can be directed to Patricia at 082 378 1641

### **Nursing & Care Givers Services**

In addition Hangklip CCC operates a referral system for those needing medical assistance. Queries can be directed to Patricia at 082 378 1641.

If she is not available those providing assistance are as follows:

#### **Nursing Sisters**

- 1) Mary Rose Pringle Bay 028 273 8608
- 2) Rina Rooi Els 082 333 1543
- 3) Rennie Rooi Els 028 273 8109

#### **Care Givers**

Charged at reasonable hourly rates

- 1) Joanie Kleinmond 071 237 4216 Day Time
- 2) Christie Kleinmond 078 794 6127 Day Time

#### **Nursing & Home Care**

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E-mail: [info@capenurse.co.za](mailto:info@capenurse.co.za)

Web: [www.capenurse.co.za](http://www.capenurse.co.za)

This organization will assess your needs, suggest solutions and quote you a fee for the services. They operate throughout the Hangklip area.

In addition there is a Primary Health Clinic in Mooiuitsig. This clinic is run in the mornings every second Monday. This is a service provided by Kleinmond Clinic as a satellite clinic to that facility.

A private clinic is held on the 1st and 3rd Monday monthly from 10H00 to 12H00 at the Pringle Bay Community Hall.

This clinic is conducted by Sr. Karen Wood who can be contacted on 073 797 0381.

Consultations are charged at R50-00 per occurrence.

The following procedures are undertaken:

## Aging

For the first time in history, people aged 65 and over will soon outnumber children under the age of 5. The elderly is the fastest increasing demographic group.

**That is you and me folks!** We never thought we would get there, but we did or soon will. We still feel 30 – most days. We have good, active and interesting lives, vastly different to previous generations. Welcome the “baby boomers generation” to retirement.

But suddenly many unanticipated forces are impacting on all our lives. The global economic situation has played havoc with our retirement financial planning...most of us won't be as comfortable as we planned. Health issues are suddenly catching up with us. Our families and children are living hundreds or thousands of miles away and not always able to support us financially or physically when needed. Now our dream retirement is turning sour. How are we all going to cope with things that crop up as we age?

Most of us would prefer to grow old in our homes where we already stay and evidence proves that we all do better in those familiar surroundings. However successful “**aging in place**” demands that one's home not only continues to provide enjoyment and stimulation but also supports your increasingly limited function. We need to be prepared.

Too often decisions to give up your home are made hastily, after a sudden loss or emergency, illness or accident. Being aware of options in advance of needing them allows you to remain in your home, amongst friend and pets, in familiar surroundings. This helps limit stress and aid recovery. Hurried and rash decisions are never wise decisions. Slow down and consider your alternatives.

Retirement villages with assisted living and frail care is available to some but can prove to be too expensive for many in the long term; and because we are living so much longer, long term in many cases means L-O-N-G term...and financial pressure can become a very real horror. Not everyone can afford to live in a retirement village or contemplate such assisted living and frail care options. The cost is often prohibitive.

This, in our very difficult economic climate, has to some extent been responsible for the current phenomena of the **elderly homeless**, recently acknowledged as a serious social issue in studies in UK and USA. The fastest increasing homeless group in UK is old women. People outlive their savings and investments and are evicted from retirement and specialized facilities, not only overseas but here too. Cost and age have left many very short of retirement income so careful advanced planning is vital.

Take a look at your options, your budget, and some of the alternatives. Plan ahead and don't make hurried impulsive decisions.

Our first consideration should be to prepare for health issues that may arise. Anything from a twisted ankle, car accident, heart attack, stroke, pneumonia, broken bones or surgery can incapacitate you suddenly. This should NOT spell the end of your independence. Recover at home. You may have a family member who will look after you and be your primary care giver while you recover. You may be alone and need help from friends, your church or other community services. Find out what is available in your area. Keep this

information handy, plan ahead and pray you never need to use it.

There are options available to you before you consider moving out of your lovely home. Home based care is one option to consider, relieving family members and friends who are caring for you until you are back on your feet. Some medical aids do pay for home based care. Check with yours in advance.

Contact your local Fynbos Centre or church for support and advice.

Find out about the available services in your area now, before you need them.

*Jean McEwan of Cape Nurse Home Care Trust*



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