

# HANGKLIP COMMUNITY CARE CENTRE

Reg No. 102-000-NPO



## Quarterly Newsletter – No. 4, July 2018

### Vision

The vision that Hangklip Community Care Centre (HCCC) has for our local community is that harmony, mutual respect and a culture of caring for one another will become entrenched so that none, especially those who are needy, elderly or infirm, need go hungry or be lonely or feel neglected. In order to realise this vision in a practical sense, the HCCC:

- *Mobilises financial support for service provision from government, business and individual donors*
- *Prepares and provides nutritious and enjoyable meals at subsidised, affordable prices*
- *Provides free food parcels to the needy*
- *Aims to promote and coordinate a home-care service for the elderly and infirm*
- *Facilitates the provision of basic health (clinic) services*
- *Promotes opportunities for group activities and social interaction.*

Whilst HCCC is a fully independent, registered NPO, we are privileged to enjoy free use of kitchen, dining-room and office facilities at the Lakeside Chapel and therefore operate from the Chapel's premises, situated at the corner of Wheeler and White streets, Betty's Bay.

Since becoming independent of Fynbos Service Centre in Kleinmond in April 2014, we have continued to mature as an autonomous, non-profit organisation, both in terms of meeting high standards of governance and also in terms of expanding our services to the Hangklip Community. HCCC's most recent AGM was held on 27<sup>th</sup> June 2018. This newsletter reproduces information (in abridged form) contained in the Chairman's and Treasurer's reports to the AGM, as well as information arising out of the AGM itself.

### Interactions with the Department of Social Development

We continue to participate in the Department of Social Development's Older Person's Programme, through which we obtain Departmental funding. Participation means that we are subjected to ongoing monitoring by the Department, which places on us the obligation to keep meticulous records and report to DSD on a quarterly basis. We reached the end on our first 3-year DSD funding cycle on the 31<sup>st</sup> of March 2018. Our application for renewed funding over the next 3-year cycle, which included a budget and business plan, has been successful and we are now assured of DSD funding until March 2021.

### Our committee

Our management committee currently consists of seven individuals, which is the minimum number required by our constitution. Five, namely George Green (chairman), Adrian de Kock (treasurer), Kitta Steffen (secretary), Linnette Perold (clinic coordinator) and Joy Rourke (home-based care) were re-elected at the AGM, whilst a previously co-opted member, Willemien Law (fundraising and recreation) was formally elected. We also welcomed a newly elected member, René Kaljee, to help us fill gaps across a range of portfolios.

### Services

We continue to provide **subsidised meals** three times a week on Mondays, Wednesdays and Fridays. A total of 4 072 meals was provided in 2017/18, up from the 3 167 of the previous financial year. Despite a steady increase in the cost of producing meals, we once more succeeded in keeping the pricing structure the same, while again making small adjustments to the income bands on which levels of subsidisation are based. Out of the total of 4 072 meals, 1 980 (48.6%) were provided at R10 per meal, i.e. at the maximum subsidy level. This strongly indicates the extent to which needy members of our community are being assisted.

The **clinic**, which is held once every eight weeks, remains extremely well supported, with some 100 people per occasion receiving chronic medication and many having routine medical tests done. The congenial atmosphere and availability of tea, coffee and sandwiches makes clinic visits a pleasurable experience for many.

**Food parcels** continue to be provided to households who struggle to meet their basic nutritional needs. The number of parcels distributed monthly, mainly in the Betty's Bay/Mooiuitsig area, has grown to 35. The practice of arranging a quarterly fellowship tea for Mooiuitsig recipients in conjunction with food parcel delivery has had to be temporarily suspended because of delays in completing renovations to the community hall. This will hopefully resume in the near future.

We have been striving to create more opportunities for **social interaction and recreation**. Wednesday sit-down meals remain popular in this regard, and are well-attended. Twice-weekly Pilates sessions are fully subscribed and there is a waiting list to join the Pilates group. A recent addition is a bridge “club”, open to experienced players as well as novices, which currently meets on the first Tuesday afternoon of each month. There is a possibility of the bridge group meeting fortnightly in the future (*Enquiries: Willemien Law – 072 368 8780*).

Our **home-based care** initiative, whilst not yet operational, is in an advanced stage of planning and we hope to announce the launch of this service in the very near future. We are indebted to the many interested parties in our community who have provided encouragement and advice, as well as to the Drakenstein and Overstrand Hospices who have agreed to partner with us with regard to training and supervision. We plan to start providing affordable home-based care, subsidised in accordance with household income, towards the end of this year. The extent of the service will initially be limited, but will hopefully increase over the coming years in accordance with community needs and the resources we are able to mobilise. It will not compete with, but will complement commercial home-care services available in our area and will be aimed specifically at local residents who, for a variety of reasons, are in need of care but have no desire, or cannot afford, to leave their own homes prematurely to seek care elsewhere. (*For enquiries or to offer assistance, please contact Joy Rourke – 060 983 8446*).

### **Finances**

Our income (which was in the region of R316 000 in 2017/18) continues to be sourced from membership fees, donations from churches, local businesses and individuals, fundraising activities, sale of meals and government grants. The largest single contribution (R145 000) to our 2017/18 income derived from participation in the Department of Social Development’s Older Persons Programme, which is ongoing. The next largest contributions came from the sale of meals (R77 400), donations (R53 520) and fundraising (R11 730). The income from the sale of meals fell short of the total cost of preparing meals (R151 400) by some R74 000. This total cost includes not only the cost of meal ingredients, but also employee costs (the salaries of our manager and assistant) and other smaller cost items. The average cost per meal worked out at R37.18, of which R19.02, on average, was recovered from meal sales. This means that R18.16 per meal had to be sourced from the other income contributions. After meals, the next largest and rapidly increasing cost item (R22 800) related to the preparation of food parcels. The year-on-year increase in cost (by R10 650) is a reflection of not only of the growing need within the community and the steep increase in food prices, but also a recent committee decision to enhance the quality of food parcel contents.

Despite rising costs and a disappointing decline in income from certain sources (notably business and individual donations and street collections), we still managed to end the year with a healthy surplus of almost R110 000. While in our previous newsletter we indicated that such a surplus would make a welcome contribution to initiating our envisaged home-care service, our latest business planning shows that sustaining the service would require a substantial boost to our current income. This will not only demand that we intensify our fundraising activities, but also that we explore and exploit new funding avenues.

### **Volunteers and members**

HCCC is totally dependent on its volunteers. In addition to those who serve voluntarily on the management committee, approximately 34 volunteers assist HCCC’s two paid employees, namely the manager (Patricia Ackerberg) and her assistant (Edith Smith), in providing HCCC’s range of services to the community. We are most grateful to all who perform this essential function and welcome any others who may wish to volunteer their services.

Like the volunteers, ordinary HCCC members can and do make valuable contributions to community care in the Hangklip area. Through payment of their annual membership fees (R60 per annum, reduced to R30 for residents whose monthly household income is less than R2 500), members contribute to subsidising the cost of service provision to the needy in the community. Members can also fulfill a valuable function by persuading others in the community to apply for membership, thereby strengthening our organisation and enabling ever-improving care services to be provided. A spinoff for members who wish to make use of the opportunity is the availability of meals at subsidised rates. Membership of HCCC (which currently stands at 140) is open to all residents of the Hangklip area, i.e., Betty’s Bay (including Mooiuitsig), Pringle Bay and Rooi Els.

*(For volunteer and membership enquiries, please contact Patricia Ackerberg – 082 378 1641).*

### **In conclusion**

Please assist in ensuring that this newsletter is brought to the attention of as many Hangklip residents as possible. We would like every resident to consider becoming a member of HCCC but failing that, to at least be aware of the services HCCC provides to our community. For those wishing to make a once-off or regular cash donation to this worthy cause (tax-deductible), our banking details follow. Please use your last name and initials as reference and e-mail your contact details to our treasurer, Adrian de Kock (*adrian25@telkomsa.net*) to allow us to issue an appropriate receipt for tax purposes.

<b>Account Name:</b> Hangklip Community Care Centre	<b>Bank:</b> First National Bank.
<b>Branch code:</b> 210460 (Kleinmond)	<b>Account No:</b> 62460003818